

YFCthrive Consent

Purpose:

YFCthrive is a wellness tool that promotes mental health wellness through a user-friendly, evidence-based app. YFCthrive uses wellness strategies and real-time symptom monitoring to empower participants to take charge of their emotional wellness and thrive.

Procedures:

YFCthrive uses the TapCloud app to prompt wellness actions, teach general health skills, monitor real-time participant experience, and send and receive communication with participants.

Risks:

Participation in any health program can have both risks and benefits. Although self-management skills for wellness can improve your overall mental and physical health, there is no guarantee that this will occur. **YFCthrive is NOT meant to replace competent medical care or treatment for any physical or mental health problem or condition.** YFCthrive does not diagnose participants or perform psychotherapy services. If the participant is under the care of a healthcare professional, the participant should discuss participation in YFCthrive with the healthcare provider.

Benefits:

Participation in YFCthrive can be helpful in maintaining and strengthening emotional health. Participants have the opportunity to set personal goals, learn personalized wellness skills to assist in self-management of emotional health, receive feedback and assistance in linking with other services when appropriate.

Confidentiality:

YFCthrive, in coordination with Tapcloud, maintains participation privacy. The participant alone will determine the privacy allowance of caregivers. YFCthrive will not share information to any third party unless compelled to do so by law or with consent of the participant. The YFCthrive team is required by law to break confidentiality if the participant is at risk of harm to self or others or if child or elder abuse or neglect is suspected.

Costs:

YFCthrive is a subscription service. This agreement authorizes Youth & Family Counseling to charge the subscription fee to the participant's credit card on a recurring, monthly basis. This authorization will remain in effect until the subscription is cancelled. Subscriptions may be cancelled by sending written notice to yfcthrive@counselingforall.org at least 15 days before your subscription renewal date. Upon receipt of notice, YFC will cease recurring charges and the participant's subscription in YFCthrive will end 30 days after the last payment date. YFC will not issue refunds.

Please direct all questions to yfcthrive@counselingforall.org.